Key Stage 3 & 4 Physical Education Curriculum 2016/2017

Year 7

Games – Girls – Netball; Badminton; Basketball; Hockey; Rounders; Rounders

* Boys – Rugby; Hockey: Football; Badminton; Cricket; Cricket

PE – Swimming (Back crawl); Gymnastics; Swimming (Front crawl); Gymnastics; Athletics; Athletics

Year 8

Games - Girls – Netball; Badminton; Basketball; Hockey; Rounders; Stoolball

* Boys – Rugby; Football; Table tennis; Handball; Cricket; Softball

PE – Swimming (Breast stroke); Dance; Swimming (Starts & turns); Gymnastics; Athletics; Athletics

Year 9

Games – Girls – Netball; Dance; Team Games; Table Tennis; Rounders; Softball

* Boys – Rugby; Football; Table Tennis; Volleyball; Softball; Rounders

PE – Boys – Trampolining; Swimming (Competitive); Health Related Fitness; Swimming; Athletics;

* Girls – Swimming (Competitive); Trampolining; Swimming; Health Related Fitness; Athletics;

Year 10 & 11 Key: B = Boys group M = Mixed group G = Girls group

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| 10X |  |  |  |  |  |  |  |  |  |  |
|  1 Mon P5 | 1 Fri P1 | 2 Mon P1 |  |  1 Mon P5 | 1 Fri P1 | 2 Mon P1 |  |  1 Mon P5 | 1 Fri P1 | 2 Mon P1 |
| Games M(Astro+AW)KWa | Fitness M(F.Suite)KWa | Swim M(Pool)KWa |  | Games M(Astro+AW)KWa | Fitness M(F.Suite)KWa | Swim M(Pool)KWa |  | Athletics MKWa | Rounders MKWa | Athletics MKWa |
| Fitness B(F.Suite)RSo | Swim B(Pool)RSo | Fball B(Astro)RSo |  | Fball B(Astro)RSo | TT B (A3)RSo | Fitness B(Gym)RSo |  | Cricket BRSo | Softball BRSo | Athletics BRSo |
| Fball B(Astro)DGu | TT B(A3)DGu | Fitness B(F.Suite)DGu |  | Fitness B(Gym)DGu | Swim B(Pool)DGu | Fball B(Astro) DGu |  | Softball BDGu | Athletics BDGu | Cricket B DGu |
| Tramp G(Gym)PHu | Games G(S.Hall)STp | B’Ball G(S.Hall)RAs |  | Fitness G(F.Suite)PHu | Games G(S.Hall)STp | Aerob G (Gym)RAs |  | Rounders GPHu | Tennis GSTp | Fitness GRAs |
| Games G(S.Hall)CBr | Tramp G(Gym)CBr | Aerob G (Gym)CBr |  | Games G(S.Hall)CBr | Fitness G(F.Suite)CBr | B’Ball G(S.Hall)CBr |  | Tennis GCBr | Fitness GCBr | Rounders GCBr |
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| 10Y |   |   |  |  |  |  |  |  |  |  |
| 1 Tue P2 | 1 Thu P4 | 2 Fri P2 |  | 1 Tue P2 | 1 Thu P4 | 2 Fri P2 |  | 1 Tue P2 | 1 Thu P4 | 2 Fri P2 |
| Games M(Astro+AW)KWa | Fitness M(F.Suite)KWa | Swim M(Pool)KWa |  | Games M(Astro+AW)KWa | Fitness M(F.Suite)KWa | Swim M(Pool)KWa |  | Athletics MKWa | Rounders MKWa | Athletics MKWa |
| Fitness B(F.Suite)RSo | Swim B(Pool)RAs | Fball B(Astro)RSo |  | Fball B(Astro)RSo | TT B (A3)RAs | Fitness B(Gym)RSo |  | Cricket BRSo | Softball BRAs | Athletics BRSo |
| Fball B(Astro)DGu | TT B(A3)STp | Fitness B(F.Suite)DGu |  | Fitness B(Gym)DGu | Swim B(Pool)DGu | Fball B(Astro) DGu |  | Softball BDGu | Athletics BDGu | Cricket B DGu |
| Tramp G(Gym)CBr | Games G(S.Hall)CBr | B’Ball G(S.Hall)CBr |  | Fitness G(F.Suite)CBr | Games G(S.Hall)CBr | Aerob G (Gym)CBr |  | Rounders GCBr | Tennis GCBr | Fitness GCBr |
| Games G(S.Hall)PHu | Tramp G(Gym)VSa | Aerob G (Gym)PHu |  | Games G(S.Hall)PHu | Fitness G(F.Suite)VSa | B’Ball G(S.Hall)PHu |  | Tennis GPHu | Fitness GVSa | Rounders GPHu |
|  |  |  |  |  |  |  |  |  |  |  |
| 11P |  |  |  |  |  |  |  |  |  |  |
| 1 Thu P5 | 2 Tue P2 | 2 Wed P1 |  | 1 Thu P5 | 2 Tue P2 | 2 Wed P1 |  | 1 Thu P5 | 2 Tue P2 | 2 Wed P1 |
| Games M(Astro+AW)KWa | Fitness M(F.Suite)KWa |  |  | Games M(Astro+AW)KWa | Fitness M(F.Suite)KWa |  | Athletics MKWa | Rounders MKWa |  |
| Fball B(Astro)DGu  | Swim B(Pool)DGu  | Fitness B(F.Suite)JAl |  | Fball B(Astro)DGu | TT B (A3)DGu | Fitness B(Gym)JAl |  | Cricket BDGu | Softball BDGu | Athletics BJAl |
| Fitness B(F.Suite)RSo | TT B(A3)SDa | Fball B(Astro)RSo  |  | Fitness B(Gym)RSo | Swim B(Pool)SDa | Fball B(Astro)RSo |  | Softball BRSo | Athletics BSDa | Cricket BRSo |
| Tramp G(Gym)VSa | Games G(S.Hall)CBr | B’Ball G(S.Hall)VSa |  | Fitness G(F.Suite)VSa | Games G(S.Hall)CBr | Aerob G (Gym)VSa |  | Rounders GVSa | Tennis GCBr | Fitness GVSa |
| Games G(S.Hall)PHu | Tramp G(Gym)PHu | Aerob G (Gym)PHu |  | Games G(S.Hall)PHu | Fitness G(F.Suite)VSa | B’Ball G(S.Hall)PHu |  | Tennis GPHu | Fitness GVSa | Rounders GPHu |
|  |  |  |  |  |   |   |  |  |  |  |
| 11Q |  |  |  |  |   |   |  |  |  |  |
| 1 Wed P3 | 1 Thu P3 | 2 Thu P1 |  | 1 Wed P3 | 1 Thu P3 | 2 Thu P1 |  | 1 Wed P3 | 1 Thu P3 | 2 Thu P1 |
| Fball B(Astro)RAs | Fitness B(F.Suite)RAs | TT(A3)RAs |  | Fball B(Astro)RAs | TT B(A3)RAs | Fitness B(F.Suite)RAs |  | Athletics BRAs | Rounders BRAs | Athletics BRAs |
| Games B(S.Hall)RSo | TT B(A3)RSo  | Fball B(Astro)RSo |  | TT B(A3)RSo | Fitness B(F.Suite)RSo  | Fball B(Astro)RSo |  | Cricket BRSo | Athletics BRSo | Softball BRSo |
| Fitness G(F.Suite)KWa | Tramp G(Gym)KWa | Games G(S.Hall)KWa  |  | Fitness G(F.Suite)KWa | Tramp G(Gym)KWa | Games G(S.Hall)KWa  |  | Rounders GKWa | Tennis GKWa | Fitness GKWa |
| Aerob G(Gym)VSa | Games G(S.Hall)VSa | Fitness G(F.Suite)VSa |  | B’Ball G(S.Hall)VSa | Games G(S.Hall)VSa | Tramp(Gym)VSa |  | Tennis GVSa | Fitness GVSa | Rounders GVSa |