Key Stage 3 & 4 Physical Education Curriculum 2016/2017

Year 7

Games – Girls – Netball; Badminton; Basketball; Hockey; Rounders; Rounders

* Boys – Rugby; Hockey: Football; Badminton; Cricket; Cricket

PE – Swimming (Back crawl); Gymnastics; Swimming (Front crawl); Gymnastics; Athletics; Athletics

Year 8

Games - Girls – Netball; Badminton; Basketball; Hockey; Rounders; Stoolball

* Boys – Rugby; Football; Table tennis; Handball; Cricket; Softball

PE – Swimming (Breast stroke); Dance; Swimming (Starts & turns); Gymnastics; Athletics; Athletics

Year 9

Games – Girls – Netball; Dance; Team Games; Table Tennis; Rounders; Softball

* Boys – Rugby; Football; Table Tennis; Volleyball; Softball; Rounders

PE – Boys – Trampolining; Swimming (Competitive); Health Related Fitness; Swimming; Athletics;

* Girls – Swimming (Competitive); Trampolining; Swimming; Health Related Fitness; Athletics;

Year 10 & 11 Key: B = Boys group M = Mixed group G = Girls group

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| 10X |  |  |  |  |  |  |  |  |  |  |
| 1 Mon P5 | 1 Fri P1 | 2 Mon P1 |  | 1 Mon P5 | 1 Fri P1 | 2 Mon P1 |  | 1 Mon P5 | 1 Fri P1 | 2 Mon P1 |
| Games M  (Astro+AW)  KWa | Fitness M  (F.Suite)  KWa | Swim M  (Pool)  KWa |  | Games M  (Astro+AW)  KWa | Fitness M  (F.Suite)  KWa | Swim M  (Pool)  KWa |  | Athletics M  KWa | Rounders M  KWa | Athletics M  KWa |
| Fitness B  (F.Suite)  RSo | Swim B  (Pool)  RSo | Fball B  (Astro)  RSo |  | Fball B  (Astro)  RSo | TT B  (A3)  RSo | Fitness B  (Gym)  RSo |  | Cricket B  RSo | Softball B  RSo | Athletics B  RSo |
| Fball B  (Astro)  DGu | TT B  (A3)  DGu | Fitness B  (F.Suite)  DGu |  | Fitness B  (Gym)  DGu | Swim B  (Pool)  DGu | Fball B  (Astro)  DGu |  | Softball B  DGu | Athletics B  DGu | Cricket B  DGu |
| Tramp G  (Gym)  PHu | Games G  (S.Hall)  STp | B’Ball G  (S.Hall)  RAs |  | Fitness G  (F.Suite)  PHu | Games G  (S.Hall)  STp | Aerob G  (Gym)  RAs |  | Rounders G  PHu | Tennis G  STp | Fitness G  RAs |
| Games G  (S.Hall)  CBr | Tramp G  (Gym)  CBr | Aerob G  (Gym)  CBr |  | Games G  (S.Hall)  CBr | Fitness G  (F.Suite)  CBr | B’Ball G  (S.Hall)  CBr |  | Tennis G  CBr | Fitness G  CBr | Rounders G  CBr |
|  |  |  |  |  |  |  |  |  |  |  |
| 10Y |  |  |  |  |  |  |  |  |  |  |
| 1 Tue P2 | 1 Thu P4 | 2 Fri P2 |  | 1 Tue P2 | 1 Thu P4 | 2 Fri P2 |  | 1 Tue P2 | 1 Thu P4 | 2 Fri P2 |
| Games M  (Astro+AW)  KWa | Fitness M  (F.Suite)  KWa | Swim M  (Pool)  KWa |  | Games M  (Astro+AW)  KWa | Fitness M  (F.Suite)  KWa | Swim M  (Pool)  KWa |  | Athletics M  KWa | Rounders M  KWa | Athletics M  KWa |
| Fitness B  (F.Suite)  RSo | Swim B  (Pool)  RAs | Fball B  (Astro)  RSo |  | Fball B  (Astro)  RSo | TT B  (A3)  RAs | Fitness B  (Gym)  RSo |  | Cricket B  RSo | Softball B  RAs | Athletics B  RSo |
| Fball B  (Astro)  DGu | TT B  (A3)  STp | Fitness B  (F.Suite)  DGu |  | Fitness B  (Gym)  DGu | Swim B  (Pool)  DGu | Fball B  (Astro)  DGu |  | Softball B  DGu | Athletics B  DGu | Cricket B  DGu |
| Tramp G  (Gym)  CBr | Games G  (S.Hall)  CBr | B’Ball G  (S.Hall)  CBr |  | Fitness G  (F.Suite)  CBr | Games G  (S.Hall)  CBr | Aerob G  (Gym)  CBr |  | Rounders G  CBr | Tennis G  CBr | Fitness G  CBr |
| Games G  (S.Hall)  PHu | Tramp G  (Gym)  VSa | Aerob G  (Gym)  PHu |  | Games G  (S.Hall)  PHu | Fitness G  (F.Suite)  VSa | B’Ball G  (S.Hall)  PHu |  | Tennis G  PHu | Fitness G  VSa | Rounders G  PHu |
|  |  |  |  |  |  |  |  |  |  |  |
| 11P |  |  |  |  |  |  |  |  |  |  |
| 1 Thu P5 | 2 Tue P2 | 2 Wed P1 |  | 1 Thu P5 | 2 Tue P2 | 2 Wed P1 |  | 1 Thu P5 | 2 Tue P2 | 2 Wed P1 |
| Games M  (Astro+AW)  KWa | Fitness M  (F.Suite)  KWa |  |  | Games M  (Astro+AW)  KWa | Fitness M  (F.Suite)  KWa |  | Athletics M  KWa | Rounders M  KWa |  |
| Fball B  (Astro)  DGu | Swim B  (Pool)  DGu | Fitness B  (F.Suite)  JAl |  | Fball B  (Astro)  DGu | TT B  (A3)  DGu | Fitness B  (Gym)  JAl |  | Cricket B  DGu | Softball B  DGu | Athletics B  JAl |
| Fitness B  (F.Suite)  RSo | TT B  (A3)  SDa | Fball B  (Astro)  RSo |  | Fitness B  (Gym)  RSo | Swim B  (Pool)  SDa | Fball B  (Astro)  RSo |  | Softball B  RSo | Athletics B  SDa | Cricket B  RSo |
| Tramp G  (Gym)  VSa | Games G  (S.Hall)  CBr | B’Ball G  (S.Hall)  VSa |  | Fitness G  (F.Suite)  VSa | Games G  (S.Hall)  CBr | Aerob G  (Gym)  VSa |  | Rounders G  VSa | Tennis G  CBr | Fitness G  VSa |
| Games G  (S.Hall)  PHu | Tramp G  (Gym)  PHu | Aerob G  (Gym)  PHu |  | Games G  (S.Hall)  PHu | Fitness G  (F.Suite)  VSa | B’Ball G  (S.Hall)  PHu |  | Tennis G  PHu | Fitness G  VSa | Rounders G  PHu |
|  |  |  |  |  |  |  |  |  |  |  |
| 11Q |  |  |  |  |  |  |  |  |  |  |
| 1 Wed P3 | 1 Thu P3 | 2 Thu P1 |  | 1 Wed P3 | 1 Thu P3 | 2 Thu P1 |  | 1 Wed P3 | 1 Thu P3 | 2 Thu P1 |
| Fball B  (Astro)  RAs | Fitness B  (F.Suite)  RAs | TT  (A3)  RAs |  | Fball B  (Astro)  RAs | TT B  (A3)  RAs | Fitness B  (F.Suite)  RAs |  | Athletics B  RAs | Rounders B  RAs | Athletics B  RAs |
| Games B  (S.Hall)  RSo | TT B  (A3)  RSo | Fball B  (Astro)  RSo |  | TT B  (A3)  RSo | Fitness B  (F.Suite)  RSo | Fball B  (Astro)  RSo |  | Cricket B  RSo | Athletics B  RSo | Softball B  RSo |
| Fitness G  (F.Suite)  KWa | Tramp G  (Gym)  KWa | Games G  (S.Hall)  KWa |  | Fitness G  (F.Suite)  KWa | Tramp G  (Gym)  KWa | Games G  (S.Hall)  KWa |  | Rounders G  KWa | Tennis G  KWa | Fitness G  KWa |
| Aerob G  (Gym)  VSa | Games G  (S.Hall)  VSa | Fitness G  (F.Suite)  VSa |  | B’Ball G  (S.Hall)  VSa | Games G  (S.Hall)  VSa | Tramp  (Gym)  VSa |  | Tennis G  VSa | Fitness G  VSa | Rounders G  VSa |