

20th July 2016

Dear Parent/Carer

**Year 7 P.E. Assessment Timetable**

In order to accurately assess your son or daughter’s aptitude in Physical Education, we begin the year with some tests over their first four lessons of Gym and Games combined. It is vital that students bring the correct PE kit for the specified lesson at the start of the year to allow us to assess them in that discipline.

The kit required for swimming is a Navy blue/black swimming costume (not bikini or two pieces) accompanied with a towel and swimming hat. All other lessons require the students to be in their normal PE kit which constitutes a white polo shirt with embroidered school name, plain royal blue skorts/leggings for the girls and white shorts for the boys, short white plain socks, training shoes (no plimsolls or canvas shoes/trainers) and where applicable, hair bands/ties.

This information will be placed onto the Warlingham PE website located at [www.warlinghamschoolpe.weebly.com](http://www.warlinghamschoolpe.weebly.com), under the ‘KS3 + 4 Programme of Study’. The website can also be accessed through the main school website ([www.warlinghamschool.co.uk](http://www.warlinghamschool.co.uk)). Further information can be found and will be updated on the website which includes an ‘Extra Curricular’ section detailing the various and diverse clubs that are being run (including a section which gives the school fixtures list which will specify dates, times and where it is to be held), examination sections and an area where you can contact myself under the ‘General issues/comments’ section should you have any questions.

It is also important to note that girl’s Netball trials and boys Rugby trials will take place on Wednesday 7th September after school until 4:30pm.

Yours sincerely,

Mr R Ashdown

Head of P.E. Department

Testing Timetable 2016/2017

Please see below the timetable for the PE testing lessons for Year 7.

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| --- | --- | --- | --- | --- |
| Tutor Group | 1st PE lesson | 2nd PE lesson | 3rd PE lesson | 4th PE lesson |
| 7W | 9/9/16 – Talk/20m dash | 13/9 – Cooper Test | 14/9 – Agility Tests | 20/9 - Swimming |
| 7A | 9/9/16 – Swimming | 13/9 – Talk/20m dash | 14/9 – Cooper Test | 20/9 – Agility Tests |
| 7R | 7/9/16 – Swimming | 9/9 – Cooper Test | 12/9 – Talk/20m dash | 15/9 - Agility Tests |
| 7L | 7/9/16 – Talk/20m dash | 9/9 – Agility Tests | 12/9 - Swimming  | 15/9 - Cooper Test |
| 7N | 12/9/16 – Cooper Test | 13/9 – Agility Tests | 15/9 – Talk/20m dash | 19/9 – Swimming  |
| 7G | 12/9/16 – Talk/20m dash | 13/9 – Swimming | 15/9 - Agility Tests | 19/9 - Cooper Test |
| 7H | 7/9/16 – Swimming | 12/9 – Agility tests  | 14/9 - Cooper Test | 19/9 - Talk/20m dash |
| 7M | 7/9/16 – Talk/20m dash | 12/9 – Cooper Test | 14/9 – Swimming  | 19/9 - Agility tests |

Year 7 - Swimming kit required for swimming and white PE kit for all other lessons.